



September 1 - 30, 2023

# 30 days for \$30

100% of funds  
raised benefits:



Build your perfect membership:

- 100+ weekly group classes
- Cardio & strength equipment
- Indoor/ outdoor Aquatics Center
- 2 hrs of Kids Zone daily
- Racquet sports
- Personal training
- Basketball
- Cafe and Logoshop
- Family time daily
- Member wellness & social events
- ... And more!

Enjoy 30 days of fitness, cycle, swimming & more at **acac** Fitness & Wellness Centers -- **for just \$30!**

100% of your donation benefits the **Michael J. Fox Foundation for Parkinson's Research**, dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and improving life for those living with Parkinson's today.

Get started at  
[acac.com/30days](https://acac.com/30days)  
or scan here



*30 days must be activated between September 1-30, 2023. Some restrictions apply.*

**5 convenient locations in Charlottesville & Crozet** | find your closest location: [acac.com](https://acac.com)